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Bangalore Mirror

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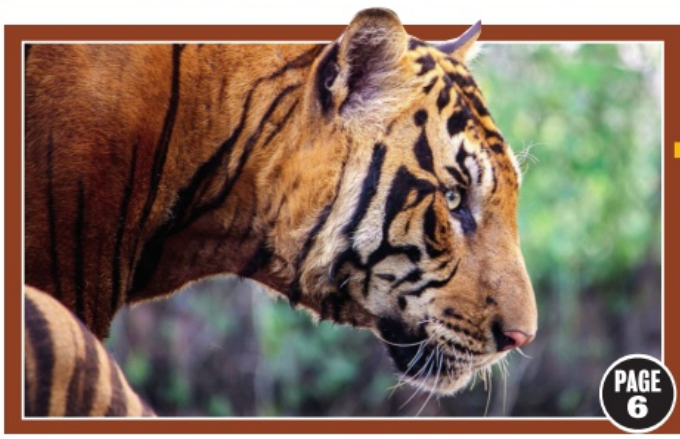
COP OUT

State police complaints authority has no chairman, no members



PAGE 6

SAVE TIGER

Experts look for reasons as number of tiger deaths creep up in state

As Yelahanka, Kamakshipalya and Kengeri emerge as most deadly areas in city as far as accidents go this year, experts point to lack of attention to infra in some areas

FRINGE ELEMENTS

Sparse public transport, not many signals or much police presence in areas beyond Ring Road

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TWEETS @BangaloreMIRROR

The city has recorded 2,354 accidents in the first six months of 2023 and the maximum fatal accidents took place in Yelahanka, Kamakshipalya and Kengeri, where 29, 24 and 24 people died in road accidents, respectively.

The Bengaluru city traffic police data shows that traffic police north division had the highest numbers of accidents, 724, followed by 576 cases in the west division. The north division recorded 145 deaths and the west recorded 103 deaths in six months. Considering that overall, 416 deaths were reported in the city in road accidents, both jurisdictions contributed about 60 percent to the total death pool.

Ashwin Mahesh, transport expert, says that what makes certain areas more accident prone is the population size and the availability of public transport and also funding for infrastructure given by the government.

"Outside the Ring Road, bus service is sparse, so more people commute using private vehicles, including two wheelers, and also more people walk to get around. As we already know that people on two-wheelers and pedestrians are the most vulnerable to accidents, the number of fatal accidents increases outside the Ring Road. Another thing is that infrastructure in these areas is much poorer compared to other areas, there are fewer footpaths and therefore there is no separation of people and vehicles," he said.

"Once we identify a blackspot, we go into the reasons as to why accidents are happening there. After identifying the reasons, we think about what all can be done in terms of traffic enforcement

— MN Anucheth, joint commissioner of police, traffic

Ashwin added that the intersections are not properly manned and people are left to figure things out on their own.

"Inside the Ring Road, there are a lot more signals and a lot more police presence, so we can say that situations inside the city

CONTINUED ON PAGE 8 »

Crisis, in a city on the move

After death at metro station, experts point to lacunae in emergency healthcare at public spaces, lack of training and equipment

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After the Baiyappanahalli cops booked the Bangalore Metro Rail Corporation Limited (BMRCL) for causing death by negligence in the case of an elderly man being allegedly left unattended at the MG Road metro station, a pertinent issue has come to the fore. How prepared are the Metro and other public transportation systems in case of medical emergencies?

Rajkumar Dugar, a public transport enthusiast and founder of C4C, said that since public transport systems receive heavy footfall, they must have protocols in place to address medical cases of emergency. "Generally, the staff and officials at public transportation systems are not suitably trained. While equipment is required, training is all the more important," he said, adding that C4C had organised a training session for BMRCL officials in December 2021. The session involved teaching of first aid, Automated External Defibrillator (AED) usage, and Cardiopulmonary Resuscitation (CPR).

Dugar noted that since the session was conducted, three AEDs – a medical device that can analyse the heart's rhythm and,

CONTINUED ON PAGE 6 »

3 THINGS TO DO

01 Odissi phase

Grab the chance to attend an evening of Odissi dance at Malleswaram. Nrityantar Academy of Performing Arts, Bengaluru, and Dr Usha RK, former Cultural Director of the Embassy of India in Moscow, are presenting 'Ashtakam'. The event is based on the eight-stanza compositions of Adi Shankaracharya Bhagawatpada. Entry is free for the audience.
Where: Seva Sadan
When: Wednesday, August 2; 6 pm

02 Laugh loud

Kriyative Theatre is presenting a play based on a story by T Sunandamma, which is packed with hilarious encounters between in-laws and people of different linguistic backgrounds. The play is directed by Pramod Shiggaon, written by Sunder, and features popular artists like Laxmi Chandrashekar, Ramakrishna Kannarpady, Sowmya Gangatkar, and more.
Where: Ranga Shankara, JP Nagar
When: Today; 7:30 pm

03 Get classical

For the first time, Rabindranath Tagore's Natir Puja is set to be brought alive in the form of an Odissi dance drama in Bengaluru. Grab your seats to witness one of the most popular Odissi dancers, Sharmila Mukerjee, and her ensemble Sanjali, who will be showcasing their brand new production at 'The Dancer's Worship'. **Where: Bengaluru International Centre, 7, 4th Main Road, Domlur; When: July 30; 6:30 pm onwards**

Childhood seized: 'End child marriage now'

Girls who married young reveal horrors of being deprived of education; activists stress on need to hold district-level meet to curb menace

| Y Maheswara Reddy
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Hundreds of students took out an anti-child marriage rally in Chamarajanagar to create awareness among the public on the ill-effects and disadvantages of child marriages. The students participated in the rally holding banners and placards with messages against child marriage.

Chamarajanagar is one of the districts known for child marriages. It is believed that Chamarajanagar has been in fourth place after Yadgir, Raichur, and Bidar districts. The specialty of the event held on Tuesday was the participation of around 200 women who were victims of alleged child marriages. They narrated their problems due to getting married before they reached the age of 18.

"I was compelled to get married when I was barely 14 due to poverty and other reasons. I participated in the rally to create awareness about the ill-effects of child marriages. I do not want any girl to suffer like me," said Indira (name changed) from Yelandur in Chamarajanagar.

Speaking over the phone from Chamarajanagar, Rakshita (not her real name) from Yelandur expressed regret for obeying her parents, who insisted she get married at an early age. "I was pursuing PUC when I got married. My in-laws stopped me from pursuing higher education. Now, I am the mother of two children. My husband works as a mason. My appeal to girls is not to discontinue education and not to agree to get married before attaining the age of 18 years," said Rakshitha.

Describing child marriages as developmental issues, Child Rights Trust Director Nagasimha G Rao emphasised the need for society's participation in preventing child marriages. "It is not sufficient if the state government prepares a plan for preventing child marriages. It is the responsibility of civil society to join hands with the state government to prevent child marriages. We have to create awareness in society to remove the wrong notions about girls. We can prevent child marriages by creating awareness among the public," said Rao.

> **"It is not sufficient if the state government prepares a plan for preventing child marriages. It is the responsibilty of civil society to join hands**
> – Nagasimha G Rao

Chamarajanagar District Child Welfare Committee chairperson Saraswathi NM said Chamarajanagar district was in the second position in the number of child marriages across the state a few years ago, and now it has been relegated to the fourth or fifth position due to awareness among the public.

"We have prevented 40 to 50 child marriages in April and May in the district. The police have registered four FIRs during the last year against those responsible for child marriages," said Saraswathi. Other activists added that the concerned authorities should identify the girls who dropped out of school.

Expressing concern over the child marriages, Karnataka Forum Against Child Marriages coordinator Venkatesh TK said that, as per a report, 23 per cent of child marriages took place in Karnataka in the years 2021–22.

"Girls who get married at an early age will lose their right to education. After giving birth to one or two children, they undergo depression. I want the authorities concerned to identify the girls who dropped out of school and make arrangements to send them back to school to continue their education. The authorities have to take measures to activate committees at Gram Panchayat level to prevent child marriages," said Venkatesh, adding that district-level coordination meetings should be held to prevent child marriages.

Senior Civil Judge Sridhar M of the District Legal Services Authority, Chamarajanagar, appreciated Child Rights Trust for organising the awareness programme for the benefit of girls and their parents. "The number of child marriages has come down in Chamarajanagar district in the last two years. Awareness programmes will be held at the taluk and school levels in the district," he said.

According to activists, they have prevented 40 to 50 child marriages across the state a few years ago

Premature ovarian failure can now be overcome

Recently, a 26-year-old woman's dream of motherhood faced uncertainty when she received a diagnosis of premature ovarian failure. Dr Chandana Narayana, Senior Consultant specialising in IVF and Infertility at Kinder Hospital, said, "The young wife, aged 26, and her 28-year-old husband struggled for three years to conceive, facing disappointment with each attempt. Her menstrual cycle became irregular and scanty, prompting concern. We diagnosed the young woman with premature ovarian failure, a condition typically observed in women under 40 years of age. Premature ovarian failure occurs when the egg reserve depletes before a woman reaches 37 to 40 years old. In this particular case, the depletion happened even earlier, which is quite rare."

Given the situation, the odds of conceiving with her own eggs were minimal; doctors counselled the couple on their options, and they chose egg donation, using a young donor with similar physical appearance and blood group.

Dr Chandana Narayana, Senior Consultant specialising in IVF and Infertility at Kinder Hospital

"The embryos from the donor eggs and the husband's sperm were transferred to the woman's uterus. However, her irregular periods posed another challenge, so she underwent hormone replacement therapy for six to eight months to prepare her uterus for pregnancy. Later, the woman successfully conceived after the first attempt.

Months later, she gave birth to a healthy baby girl, defying the odds and inspiring others facing similar difficulties," Dr Chandana Narayana explained.

— BMB

No body, no head

State police complaints authority has no chairman or any members as yet

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Though the State Police Complaints Authority (SPCA) has received more than 320 complaints against police officers from January till date, complainants have to wait for more time as the SPCA has neither a chairman nor any members. The state government is yet to take measures to fill up three vacancies (chairman and two members) that have been vacant since last year.

"We have received around 320 complaints from the public against police officers. We could not conduct an enquiry since three posts (chairman and two members) are vacant. A minimum of three members (including the chairman) to take a decision on a complaint lodged against a police officer," said an employee of SPCA.

The SPCA was established to deal with the complaints of police atrocities, highhandedness and misconduct.

On Monday, a Division Bench comprising Chief Justice Prasanna B Varle and Justice MGS Kamal the state government two weeks to take measures for filling up vacancies at the SPCA.

"By our order dated June 21, at the request of the learned Additional Government Advocate, three weeks' time was granted as a last chance.

Today, the learned Additional Government Advocate again prays for time on the ground that the process is underway and the State requires some time to complete the process. At the request of the learned Additional Government Advocate, two weeks' time is granted," the Division Bench said.

The Division Bench has directed that the Additional Chief Secretary, Department of Home shall remain personally present in the court and explain the delay on the next date if the matter is still pending and has failed to reach its logical conclusion.

The hearing of the case has been adjourned to August 9. A public interest litigation (PIL) petition was filed by Bengaluru-based advocate Sudha Katwa and advocate Umapathi S represented the petitioner in the High Court.

The term of Justice Kumaraswamy, retired High Court Judge, expired on August 11, 2022, the terms of KH Gopala Krishnegowda as the civil service member and Ekambaram Naidu as civil society member, expired on May 28, and December 28, 2022

Metro pillar case: HC notice to Karnataka govt, BMRCL on plea seeking Rs 10 cr compensation

The High Court on Tuesday issued notices to the state government, Bengaluru Metro Rail Corporation Limited (BMRCL) and others on a petition filed by a man, who lost his wife and minor child in the Namma Metro pillar collapse incident here earlier this year, seeking compensation.

Petitioner Lohitkumar V Sulakhe filed a writ petition demanding a compensation of Rs 10 crore, claiming that the accident had occurred due to the negligence of BMRCL authorities.

Petitioner's wife Tejaswini L Sulakhe (26) and his two and a half year old son Vihan, who were travelling on a bike died after the under-construction metro pillar fell on them on January 10, 2023 near Nagavara.

The BMRCL had communicated to Lohitkumar that Rs 20 lakh compensation would be provided to the kin of the victims. In his petition, which was heard by Justice Krishna S Dixit, Lohitkumar submitted that "mere compensation of Rs 20 lakh amount was not sufficient for the innocent life which was lost due to inaction, inadequate safety measures and carelessness on part of the respondents."

Tejaswini, a software engineer, was earning Rs.75,748 per month, it said. The petitioner further said the compensation "is not adequate, and the same is just a mere compensation to hide the negligence of their part of safety work and the fact that all the respondents present in this case lacked knowledge on safety precautions." **PTI**

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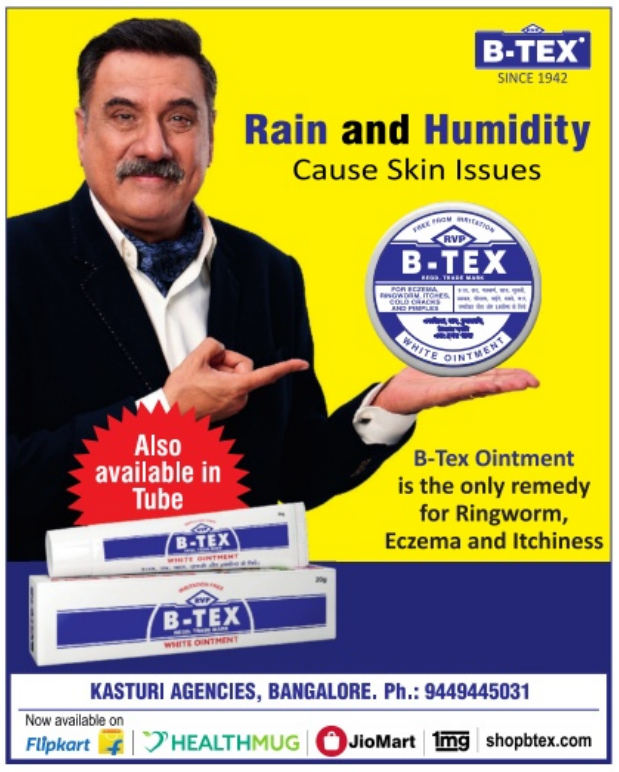

Lake transformed into delightful bird refuge

Residents ensure constant monitoring of lake, suggest ways to attract more species

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TWEETS @BangaloreMIRROR

The dedicated efforts of the local community has made the lake a welcoming spot for many birds

In what can only be described as a success story, Doddakallasandra Lake has undergone a spectacular transformation over the course of this year. From being plagued by sewage water contamination, the area has now blossomed into a haven for beautiful birds, including the endangered Painted Stork, captured on camera by locals just last Wednesday. Thanks to the dedicated efforts of the local community, the lake has become a welcoming spot for numerous bird species, such as the Little Grebe, Asian Koel, Eurasian Coot, Gray Haron, Glossy Ibis, and White-throated Kingfisher.

The rejuvenation of Doddakallasandra Lake can be traced back to Justice NK Patil's report commissioned by the Karnataka government in 2012. The report aimed to breathe new life into water and ecological security throughout the state. Covering an expansive 21.16 acres, the lake's restoration was undertaken by the BBMP a few years ago, with residents actively participating in improving its conditions.

Raghavendra B Pachhapur, Senior Project lead, Action Aid Association spoke to Bangalore Mirror about the initiative taken. "As a community, we watch what is happening to the lake regularly. We identify the dirt that is entering the lake and try to stop it immediately. Monitoring of the inlets is an ongoing activity. Sewage diversion channel also requires monitoring." He said that taking the diversion of rainwater from drainage systems has proven immensely beneficial for the lake's well-being. "Inletting rainwater, came as a result of pressurizing the BBMP while rejuvenation was underway. It's a community effort to make the lake water more ecologically friendly. There are four inlets to the lake and one needs continuous monitoring. Any water entering during non-rainy seasons will be questioned and investigated," he added.

He also added, "Most of the birds eat barks of the tree or insects. For the last 2 years, sewage lines overflowed into the lake and could not be stopped. Due to this, some of the fish died last month. Shallow water attracts many birds and water has still not entered the lake in large quantities in other places of the lake.

> **"As a community, we watch what is happening to the lake regularly. We identify the dirt that enters the lake and try to stop it**
>
> – Raghavendra B, Action Aid

The lake has a wetland region where water holds for a while. If there are plastics will be arrested in the suspension part. The water passes and dilutes the larger lake. From 4 drains we take the water because we take rainwater."

Raghavendra also talked about the major issues that affect the lake. "Our BBMP is pumping a lot of money on electrification. causing disturbance to the birds. Birds depend on sunrise and sunset, and the lights are put on at 6 in the evening, sometimes the entire night, affecting the birds. The birds assemble on the island in the middle of the evening and people walking in the park will not be easy for them. BBMP wants to create a walking path next to the lake. It is a disturbance for them. There has to be private space for the birds and no disturbance. The walking path should take a diversion and ensure that the birds are feeling at home."

Mahesha Lingegowda, a resident of Doddakallasandra, talked about the changes he observed. "When there was less rain and water was shallow, people were cleaning. The shallow water is attracting the storks which started increasing slowly. A lot of weeds were around the lake. Once they got cleared, and the visibility would have improved. The number of white cranes has improved and Blue Swamphens have also come into the lake. The residents ensure that we continuously monitor and follow up with the authorities."

Will DKS redress grievances of BDA site allottees?

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TWEETS @BangaloreMIRROR

The status of the developmental works at Nadaprabhu Kempegowda Layout

Is there a light at the end of the tunnel for people who bought sites at Nadaprabhu Kempegowda Layout (NKL) developed by Bangalore Development Authority? It seems the site allottees who spent their hard-earned money to construct their dream homes at the NKL have to wait some more time to have everything in place to commence the construction of their dream homes.

The BDA initiated the development process for NKL back in 2014, with site allotments to buyers commencing in 2016. More than 26,000 sites were developed on 2,252 acres of land acquired by the BDA for developing the NKL. However, the absence of basic amenities has hindered progress, leaving many allottees in a state of uncertainty.

A primary concern voiced by site allottees is the acquisition of an additional 1,300 acres of land, which continually dominates discussions at various forums and meetings. But, no action has been taken by BDA authorities, including the special land acquisition officer, surveyor, and LA team, to address this pressing matter. The site allottees said that the BDA engineering team has failed to ensure the progress of developmental works on the layout. Contractors to engage workers for a few months and stop work in the remaining months.

"I am not happy with the progress of the developmental works taken up at the NKL by various agencies. There is no progress in the developmental works for the last year. The developmental works are being delayed on one or the other pretext. I appeal to the BDA authorities to expedite the completion of the developmental works that are pending," said N Sridhar, Nadaprabhu Kempegowda Layout Open Forum President.

The site allottees said that the majority of the approvals were cleared by BDA Commissioner Kumar G Naik, but nothing is going in the right direction.

With no alternative, the site allottees met Deputy Chief Minister DK Shivakumar on Tuesday. He has assured them to visit the NKL shortly and to take measures to redress their grievances.

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Wasted power

Cubbon Park

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Safety concerns

Horamavu

Railway Crossing near Horamavu, with several schools in close proximity, creates a challenging situation for children to cross safely.

Muddy mess

Vittal Mallya Road

The muddy condition of the intersection near Vydehi Superspeciality Hospital and St Joseph's Indian School, which is part of the Smart City Project.

For first time, police get into brain of crime accused

Brain-mapping tech used as case remained unsolved

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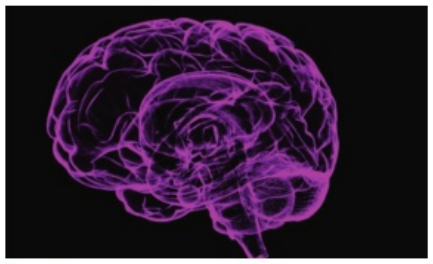

The city police, for the first time, used brain mapping on an accused of theft. The police made the accused wear a special cap on his head, and he was subjected to several questions in the interrogation related to the theft, and his reaction and answers were recorded on the computer. The incident took place in the jurisdiction of Mahalakshmi Layout Police.

The police conducted brain mapping on the accused, named Annapoorna, 28.

According to the sources, the police resorted to the technology as the case remained unsolved for more than a year. Annapurna, from Gadag, worked as a domestic worker from April 2021 to January 2022 in the house of a businessman, a resident of Mahalakshmi Layout. During that period, the gold ornaments in the house were stolen. According to the FIR accessed by Bangalore Mirror, a total of 205 gram of gold was stolen by the accused. Later, the victim filed a complaint. When the suspect was questioned during the interrogation, she always refused and stated that she didn't steal.

The woman was also subjected to a lie detection test but still said that she didn't commit the crime, and she was finally subjected to brain mapping.

The accused has been sent to judicial custody, and the police informed that they are submitting the results of the brain mapping as evidence in the court. Earlier this year, in January, for the first time in the state, the police investigated a case based on brain mapping in Ramanagara.

Furore over DJ Halli cases

The ruling Congress and BJP have gone into confrontational mode yet again over the withdrawal of cases against the accused in the sensational DJ Halli-KG Halli violence case in the city.

Karnataka Home Minister Dr G Parameshwara stated on Wednesday that if legally permissible, the cases would be withdrawn against the accused persons.

Reacting to this, former Chief Minister Basavaraj Bommai stated that the withdrawal cases would be a betrayal to the people of the state. He also stated that the matter would be taken to the people, and a legal battle would be waged against the move.

Speaking to reporters, Minister Parameshwara said that many legislators are giving him letters to withdraw the cases against organisations. —IANS

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Tiger, tiger burning bright

As tiger deaths creep up in state, activists question transparency, highlight issues such as electrocution risk, inefficient ground staff

Garima Prasher
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Across all its five tiger reserves, Karnataka lost 54 tigers between April 2018 and March 2023. According to Karnataka Forest Department (KFD) data, the number of tiger deaths in 2018-19 and 2019-20 was seven tigers each year. However, in subsequent years, the figures surged to nine deaths in 2020-21, with 18 big cats perishing in 2021-22. In 2022-23, as many as 13 tiger deaths were recorded. The National Tiger Conservation Authority (NTCA) reported eight tiger deaths in the state so far this year.

The data indicates an upward trend in tiger deaths, raising concerns among wildlife activists, most of the deaths are due to natural causes and thus not alarming. They attribute high death numbers to the increase in the population density of big cats in the state.

"In the case of tigers and most carnivores, a mortality rate of 5% is considered normal. Moreover, the population of big cats in Karnataka has gone up considerably, causing a surge in death numbers. Tigers are territorial and with high tiger density, especially in Nagarhole and Bandipur Tiger Reserves, competition for survival and territory gets stiffer and weaker individuals are killed. Older tigers are also driven away to adjacent areas with insufficient prey population and die due to starvation," said Kumar Pushkar, APCCF (Wildlife), Karnataka Forest Department.

He added that the higher number of reported cases is also a result of improved patrolling and surveillance by forest watchers and guards.

"Sometimes, detection of tiger carcass becomes difficult owing to various limitations such as vast swathe of forestland and fast decomposition rate of carcasses. However, patrolling has improved over time and most of the cases are being tracked leading to a higher number," said Pushkar.

However, wildlife activists say while the number has increased, KFD has not been transparent with the actual number of tiger deaths. According to Joseph Hoover, former State Board for Wildlife member and founder of the United Conservation Movement and Charitable Trust, the lack of transparency is because many officials do not want to carry out investigations.

"The number of tiger deaths being reported by Karnataka was also questioned by the Chief Wildlife Warden of Madhya Pradesh. We are not reporting all death cases. This is because either officials do not want to carry out investigations or forest areas are not being patrolled efficiently. For instance, a couple of years ago, a 'tiger snared' case in Bandipur was not reported then, as that range forest officer avoided investigation. In many cases, the carcass is found only after it is completely putrified. Cases of electrocution, snaring, and poisoning of big cats are going up in Karnataka. Most of the farmlands around tiger reserves have snares for wild boars and deer, which kill tigers too," said Hoover.

The issue of electrocution has gained attention in recent times due to the ineffective perambulation of big cats. They emphasise the need for KFD to work as an institution.

"Of late, we are witnessing tigers dying of electrocution. Perambulation of forest areas is conducted by foot soldiers and it is compromised due to various issues. These on-ground staff are paid paltry wages and are overworked. In most tiger reserves in Karnataka, the foot soldiers have to wait months to get compensated for their back-breaking work. This is when their compensation is not even 1% of the total district budget. KFD must approach the government to iron out these issues," said a city-based naturalist.

> **In most tiger reserves in state, the foot soldiers have to wait months to get compensated for their back-breaking work**
> –City-based naturalist

Carrying capacity

Between 2018 and 2023, KFD rescued 15 tigers from areas adjacent to tiger reserves. Officials say the dispersal rate of big cats has increased as the reserves' carrying capacity is reaching saturation points. "Broadly, a tiger's territory is spread over a ten square kilometre area. However, high prey density and an increase in the tiger population have reduced this to around six square kilometres on average. This has led to more tigers straying out. This number is going up as the reserves approach their maximum carrying capaci ty," said Pushkar.

"NTCA should conduct a study of the carrying capacity of tiger reserves. The island pockets around the reserves should be protected and corridors should be secured. The tigers will slowly start moving to these pockets through the corridors, reducing the number of straying big cats. These islands can be used as shock absorbers for the reserves," added the naturalist.

Kill Bill? Experts slam tiger-threatening Bill

Wildlife experts and activists expressed disappointment over the latest development of the Forest (Conservation) Amendment Bill of 2023 passed by Lok Sabha on Wednesday. Experts say the 'destructive' bill will prove unfavourable when it comes to tiger conservation. "The Bill will now permit setting up of eco-tourism activities, safaris along with commercial activities such as mining in the buffer zones of tiger reserves. Such activities will lead to more human-wildlife conflict cases. This will lead to more tigers either being killed or landing in rehabilitation centres. This bill will prove detrimental to any kind of conservation efforts," said Hoover.

Need to put in place protocol in case of medical emergency

CONTINUED FROM PAGE 1

if necessary, deliver an electrical shock, have been installed at different metro stations. "All staff must undergo training at least once a year. There is a requirement for constant sensitisation and refresher courses to be conducted," he said, urging other transport authorities such as the South Western Railways (SWR) as well as the Bangalore Metropolitan Transport Corporation (BMTC) to follow the route.

Shaheen Shasa, a member of the Bengaluru Bus Prayanikara Vedike (BBPV), said that since the metro is a closed system, entry of an emergency response team or taking the patient out of the metro system adds multiple overheads. "With BMTC, as it's an open system, it is much easier to respond to an emergency. Buses can be stopped immediately and the person can be taken to the nearest hospital or an ambulance can be called to reach the patient as soon as possible," she said, adding that buses must be equipped with information available to the public about what to do in case of an emergency, and orientation must be provided to the conductor and driver to make the process smoother. "Bus priority lanes, the way it was conceptualised in 2019, were to allow ambulances to travel on them. If we fast-track the implementation of bus lanes on all high-density corridors and allow ambulances and emergency response vehicles to also use the bus lanes, it will significantly improve emergency response on the whole," she suggested.

Doctor's advice

"Apart from public awareness regarding cardiac arrest and CPR, providing AEDs in public places which see a huge population turnover like airports, bus stands and metros has become the need of the hour. Provision of simple medical kits containing dextrose, oxygen cylinder with masks and prefilled adrenaline syringes can help tide over many of these events till medical help is at hand. Efforts to train staff employed at such places to use these equipment in case of an emergency should be made," said Dr Pooja S, Consultant Medical intensive care unit (MICU), Fortis Hospital. She added that people collapsing in gyms and public places has become more frequent in the post covid era. "If bystanders are able to identify such events, provide the basic care and transfer the affected to the nearest facility in time, it would help prevent death and damage to the brain," she said.

Metro case

An FIR has been filed based on the complaint of the deceased's son, Muthuraj T, a BDA inspector. Thimmegowda, the 67-year-old victim was allegedly left without medical assistance for close to 20 minutes on July 20. On the other hand, BMRCL in a statement has provided details regarding the matter. It has been said that the passenger fell inside the metro coach around 10.21 am while travelling on the purple line. Co-passengers deboarded Thimmegowda at the MG Road metro station and also informed the security guard on duty regarding his health.

While the BMRCL claims that it provided assistance to the passenger as soon as the security guard called on the station controller, who they said reached the spot within a minute and provided first aid. However, police investigations have revealed that CCTV footage from the platform shows that Thimmegowda was left unattended for 15-20 minutes after which a guard brought him a wheelchair.

Trial run

The trial run of the metro train between Baiyappanahalli and KR Puram began on Wednesday, from Jyothipura metro station at 4 pm. The train was charged at the Jyothipura station by afternoon and the trial process began by 4 pm. A civil interface test was also conducted to ensure that the floor of the train is in correct alignment with the platform.

Touch of class at underpass

Panel discusses ways to use vacant space below underpasses

Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

Good news fellow citizens -- we have a new committee. BBMP's special commissioner (finance) Jayaram Raipura, a nodal officer of the Vibrant Bengaluru theme which is part of the Brand Bengaluru campaign, had a discussion with the committee on Wednesday to come up with plans to utilise vacant spaces beneath various underpasses across the city.

The government has suggested focus areas for the Vibrant Bengaluru. The focus areas are: How to utilise the space beneath flyovers to benefit citizens, aesthetically paint walls of the city to depict culture, tradition and heritage, use open spaces to hold informal intellectual discussions among the public, increase the number of reading rooms in open public spaces, and examine whether roads can be used for people interaction, and the need to construct amphitheaters to conduct cultural festivals.

The committee consists of architect and urban planner Naresh Narasimhan, social worker Raghunandan Ramanna, tech industrialist Prashanth Prakash, art designer and heritage restoration expert Krishna Kumar, poet, scholar and critic KY Narayanaswamy, historian Devarakonda Reddy, theatre person Shashidhar Barighat, and civic expert B Ravichandran.

Meanwhile, Professor MN Sreehari has advised the committee not to invest taxpayers' money in non-viable projects. "The vacant space beneath underpasses can be used for parks. Traffic congestion can be addressed by banning the parking of vehicles on roads and ensuring footpaths are pedestrian friendly. Underground parking facilities can be provided at parks in the city," Sreehari suggested.

The meeting on Wednesday discussed various issues and suggestions. "We have to consider the suggestions received in one month to make Bengaluru an attractive destination. An action plan needs to be implemented for a minimum of 20 projects within the specified time. The suggestions received on Vibrant Bengaluru need to be divided into three categories: short-term, medium-term, and long-term and these projects have to be completed within the specified time. The second meeting will be convened on August 8," said Raipura.

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EMPLOYMENT NOTIFICATION - CORRIGENDUM

No. GA5/278/2022 Dt: 21.07.2023

The Employment Notification No. GA5/278/2022 (ii) dated 01.07.2023 pertaining to the teaching posts in the cadre of **Assistant Professor** of the Faculty of Fisheries Science is modified as specified below.

Name of Subject	No. of Posts	Reservation turn
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Fisheries Extension Economics and Statistics	1	Ezhava/Billava/Thiyya
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All other terms and conditions remain unaltered. Last date of receipt of applications is extended upto **19.08.2023**.
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2,354 accidents so far in city; 29 died in Yelahanka

CONTINUED FROM PAGE 1

are different from situations on the outskirts of the city. The government's investment and attention to specific locations only, also makes a difference," he added.

Experts told BM that the traffic police should have a look at fatality data every month and identify police stations that have the most accidents. "If you check data once in six months, then nothing much can be done. But if the department decides to have a meeting and discuss the numbers every month, then the police staff of the police station with a bad record will feel responsible to improve the condition. There is also a need to take suggestions from the public, when it comes to road safety," said Ashwin.

MN Anucheth, joint commissioner of police, traffic, informed BM that last month the traffic police identified 60 blackspots in the city.

"For example, in a particular area if there are many cases of speeding, we will make sure that rumble strips are used on the road. There are particular stretches in the city that are prone to accidents, like in Rajajinagar traffic police jurisdiction, there were several pedestrian deaths reported in the 500-metre stretch in front of Dr Rajkumar Samadhi, so we installed high-rise pedestrian crossing medians. It was installed three weeks back and since then no pedestrian deaths have been reported," said Anucheth.

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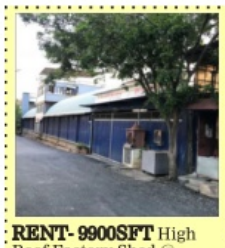

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I, B.V SHOBHA CHANDRA SHEKAR W/o. C Chandrashekar, residing at No. 218, Punya Nilya, 1st Cross, 6th Main, Janapriya Abods Main Road, BHEL Layout, Rajarajeshwarinagar, Bangalore-560098, have changed my name to B.V SHOBHA CHANDRASHEKAR, vide affidavit dated 26.07.2023, sworn before notary S.R Thulasikrishna, Bangalore.

I, BADRA. K, R/a, #168/169, 1st Cross, GNR Regency Park, Maragondanahalli, KR Puram,, Bengaluru-560036. I, have changed my minor son old name MOHAN to New Name MOHAN BADRA, Vide affidavit dated 26/07/2023, Sworn before Notary: Meer Hassan, Bangalore

I, Vindya S V, W/o Kishan Thakar R/o 108 Ganga Block, Bettadasanpura, Bangalore-560068 that i have changed my name to Vindya S V Bhat for all future purposes

I, Ramesh K.S S/o. Siddaramanna K.R, residing at No. 004, B Block, SLR Comforts, Uttarahalli Main Road, opposite Aditya Bakery, Ganakallu, Kengeri, Bangalore-560060, have changed my minor Son's name from PRATHEEK K.R to PRATHEEK R, vide affidavit dated 24.07.2023, sworn before notary S.R Thulasikrishna, Bangalore.

I, SANGHAJIT CHETRI S/o. Durga Chetri Residing at no.746, 1st Main Road, Netajinagar, Chokkasandra, T Dasarahalli Post, Bengaluru-560057 have changed my name to SANGKHAJIT CHETRI vide affidavit dated 26.05.2023 Sworn before notary: V.Anjanappa, Bangalore

I, Parveen Kumar Arora R/o D-903, Block Gulmohar, Shriram suhaana Apt, Suryavamshi Lyt, Doddaballapur Rd, Yelahanka B'luru 560064 have changed my minor son name from Reyansh Arora to REYAANSH ARORA affidavit Dt.26/07/2023 notary Harisha G, B'luru

I Nuha w/o Mohammed Muzammil R/o # 43/11 1st Cross 8th Main Roshan Colony 3rd Block East Jayanagar B'luru-560041 have changed my name to Nuha Muzammil for all Purposes.

I, Jacob Francis Challessery S/O, Francis Mathew Chalissery R/o No.73, 9th A Main 4th C Block Koramangala Bangalore 560034 have changed my name to Jacob Francis Chalissery for all purposes.

I Meenakshi Kumari Panigrahi W/o Sanjeev Padhy, Flat no # 3106 , 10th Floor , Tower-3 , Prestige Song of the south, Begur Koppa Road, Bangalore, 560068 have changed my name to Meenakshi Padhy

I Jacob Francis Challessery S/O, Francis Mathew Chalissery R/o No 73, 9th A Main, 4th C Block Koramangala Bangalore 560034 have changed my name to Jacob Francis Chalissery

I, SHIMIL SHIJO KUNNATHETTU W/o. Jerry Stephen, residing at No. A707, Mantri Alpyne, Channasandra, Banashankari 5th Stage, Bangalore-560061, have change my name to SHIMIL SHIJO, vide affidavit dated 25.07.2023, sworn before notary S.R Thulasikrishna, Bangalore.

I Mohammed Ibrahim S/O, Syed Shaber Ahmed R/o No 233 1st Block 2nd Cross 6th Main Jayanagar 4th Block Bangalore 560011 have changed my name to Mohammed Ebrahim

I, Preethi Himmatlal Jain W/o Rohit Jain R/o No. 536, 5th Main, RMV 2nd Stage, C.M. Halli, Dollars Colony, Bangalore-560094 have changed my name from Preethi Himmatlal Jain to Preethi Jain for all future purposes vide affidavit No. IN-KA36002296516822V date 24.07.2023.

I, Nagappa Chinnannavar, R/O No.Ruby 703, Foyer Infinity Pattandur agrahara main road Bangalore - 560066 have changed my name from Nagappa Shiddalingappa Chinnannavar to Nagappa Chinnannavar.

I N Raju S/O, Narayana R/o No 21, 2nd Floor, 3rd Cross, Gurumurthy Road, Ramaswamy Palya, Maruthi Sevanagar, Bangalore-560033 have changed my name to N Raja for all purposes.

I, Ram Babu S/o Krishnappa R/o 7/8, 6th Main, 6th Cross, Brudavana lyt, KR Puram, B'luru-560036 Have changed my name to Rambabu Krishnappa Affidavit Dt.26/07/2023 Notary Harisha G, B'luru

I, Shoba, R/a #180, 4th Cross, Kenchappa Layout, Kudlu Village, Bengaluru-560068, have changed my name to Parvathi Bai, vide affidavit dt 26.07.2023, before notary B.M.Chandrashekar

I, Pushpa R/o No-37, new No-200 , Anugraha , 19th Cross , Begalgunte B'lore-560073 have changed my name to Pushpa Ajayan vide affidavit dtd 26/07/2023 before notary Ganesh Gowda M V .

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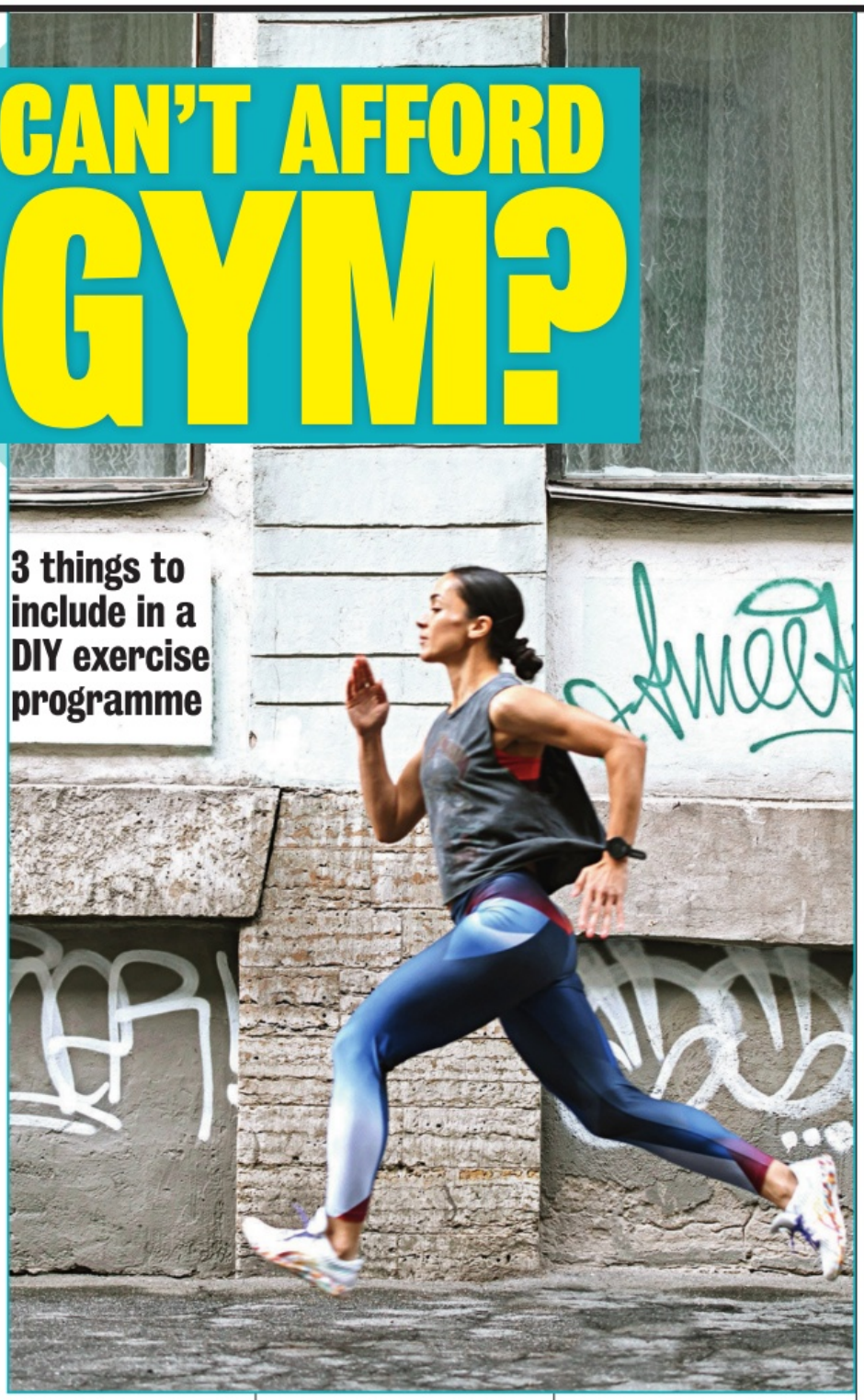
CAN'T AFFORD GYM?

3 things to include in a DIY exercise programme



With the rising cost of living, gyms memberships and fitness classes are becoming increasingly unaffordable. But the good news is you can make just as much progress at home.

Cardiovascular endurance, muscle strength and flexibility are the most important components of fitness. And each can be trained with little or no equipment. Let's look at why – and how – to fit them into your DIY exercise programme.

1 Cardiovascular endurance

Cardiovascular endurance exercise (or "cardio") forces the heart and lungs to increase the supply of oxygen to the working muscles. Heart disease is a leading cause of death and cardiovascular endurance exercise helps keep the heart healthy.

The best thing about cardio is you don't need any fancy equipment to do it. Walking, jogging and running are great options, as are cycling, skipping rope and swimming.

There are two approaches to maximise cardiovascular endurance:

- high-intensity interval training (HIIT) – short bouts of hard exercise (around 80% to 95% of your maximum heart rate) interspersed with lower intensity recovery periods (around 40% to 50% of your maximum heart rate).
- low-intensity steady-state (LISS) exercise – aerobic activity performed continuously at a low-to-moderate intensity (around 50% to 65% of your maximum heart rate) for an extended duration.

Both are great options. While high-intensity interval training can be more time efficient, low-intensity steady-state training might be more enjoyable and easier to sustain long-term.

No matter what you choose, aim for a minimum of 150 minutes of moderate-intensity or 75 minutes of vigorous-intensity cardiovascular exercise each week. For example, you could try 30 minutes, five days per week of low intensity cardio, or 25 minutes, three days per week of high-intensity activity, or a combination of the two.

How do you know if you're exercising at the right intensity?

Smart watches that measure heart rate can help to monitor intensity. Or you can rely on the good old-fashioned talk test. During low-intensity activity, you should be able to speak in full sentences. Conversely, short phrases (initially) or single words (towards the end) should be all that's manageable during high-intensity exercise.

2 Muscle strength

Next is muscle strength, which we train through resistance exercise. This is important for bone health, balance and metabolic health, especially as we age and our muscle mass and strength declines.

Aim for two days per week of whole-body resistance exercise performed at a moderate or greater intensity. Try to build two weekly sessions that target the major muscle groups. This could include:

- **squats** – lower to the ground from standing by bending the hips, knees, and ankles while keeping the chest up tall before returning to standing by straightening the hips, knees and ankles.
- **hinges** – fold forward at the hips by pushing your bottom back to the wall behind you, keeping your back straight. A slight bend in the knees is fine but aim to keep your shins vertical
- **push-ups** – if a full push-up is too difficult, you can place your hands on a raised surface such as a step or a chair
- **horizontal and vertical pull ups** – using something like a portable chin up bar, which you can buy from sports supply stores
- **vertical pushes** – pushing an object (or weight) vertically from the top of your chest to an overhead position.

Once you have selected your exercises, perform 2–3 sets of 8–12 repetitions at a moderate to greater intensity, with about 90 seconds rest between each set.

As you progress, continue to challenge your muscles by adding an extra set to each exercise, or including dumbbells, changing body position or wearing a backpack with weights. The goal should be to progress slightly each session.

However, if you have any underlying health conditions, disabilities, or are unsure how best to do this, see an exercise physiologist or physiotherapist.

3 Flexibility

Improved flexibility can increase your range of motion and improve your ability to manage daily life.

While we don't know the best means of increasing flexibility, the most basic and readily accessible is static stretching. Here, we lengthen the muscle – for example, the hamstrings, until we feel a "stretching" sensation. Hold that position for 15–30 seconds.

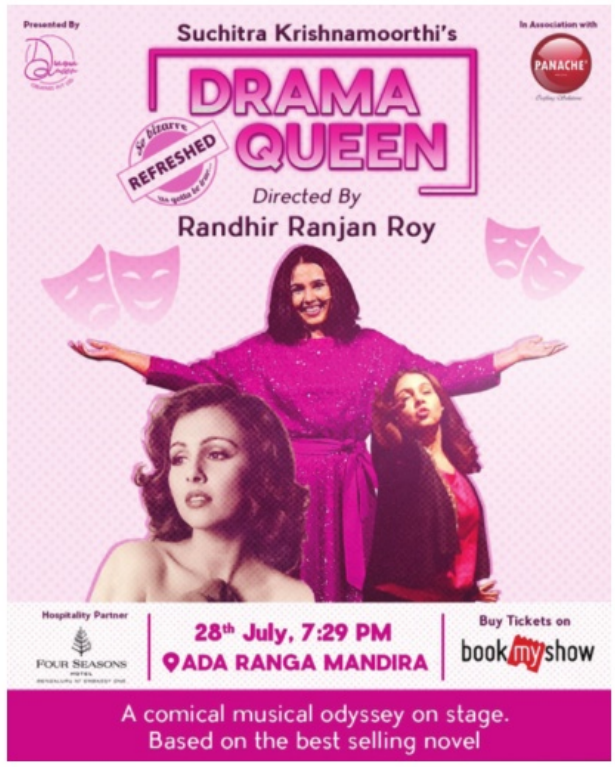
While the precise intensity of this stretching sensation remains elusive, around 5–10 minutes per week per muscle group, spread across five days, seems to provide the best results.

How to stick with it?

The best exercise is the one that gets done. So, whatever you choose, make sure you enjoy it. After all, it's about creating an ongoing commitment to exercise that will deliver long-term health benefits.

It's also important to ensure you're ready to exercise, especially if you have any underlying health issues, have been previously inactive, or are unsure how to start. A pre-exercise screening can help you to determine whether you should see a doctor or allied health professional before starting an exercise programme and for guidance on the next steps.

(By Lewis Ingram, Hunter Bennett and Saravana Kumar, University of South Australia, The Conversation)



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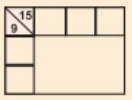
facebook.com/theBangaloremirror
@BangaloreMirror

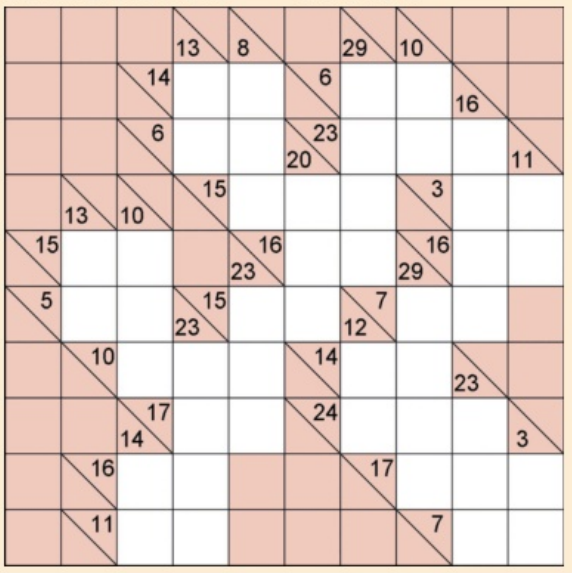
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

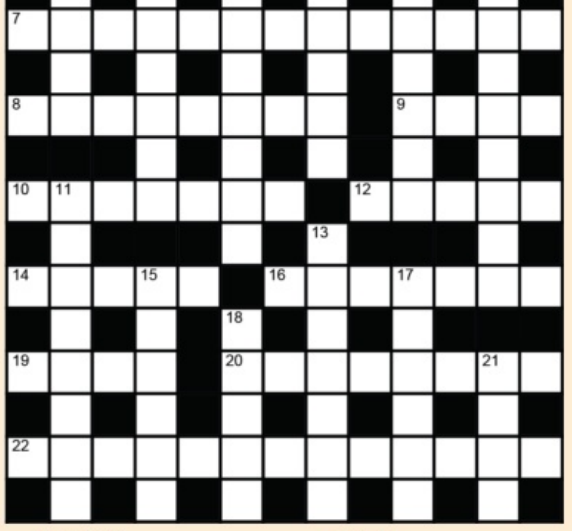


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 Amusement or recreation (13)
8 Dupes or tricks (8)
9 Applications (4)
10 Insinuates or suggests (7)
12 Courage (5)
14 Expel (5)
16 Solicitors (7)
19 Greek peak (4)
20 Instantaneously or almost spontaneously? (2,1,5)
22 Select carefully and fussily? (4,3,6)

DOWN

1 Masticate (4)
2 Relating to Spring (6)
3 Played for time (7)
4 Slightly drunk (5)
5 Not clean; sullied (6)
6 A rapid preliminary inspection? (4-4)
11 Alternative name for Kempe Gowda bus station (8)
13 Available space; unoccupied position (7)
15 Fissures or crevices (6)
17 Cowardly (6)
18 Indications (5)
21 Only fair (2-2)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: W EQUALS G

EQOBFEW FN CO ACNO NCXZ-MY PLO OBM FEOMWZFOU QK UQLZ QDE RFEY.

Linemaro

I must be a snow flake because I have fallen for you

Mindchow

We have no defect that could not become a strength; no strength that could not become a defect

Joke of the day

A fire burned down the personal library of President George W. Bush. Both his books were burned. Sadly, he had not found time to colour in the second one.

Loop

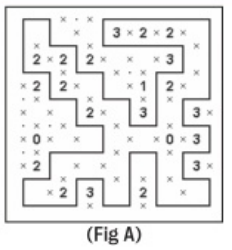
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

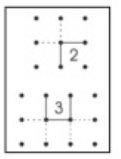
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

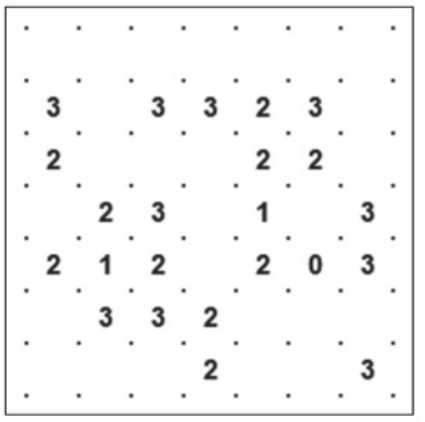
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



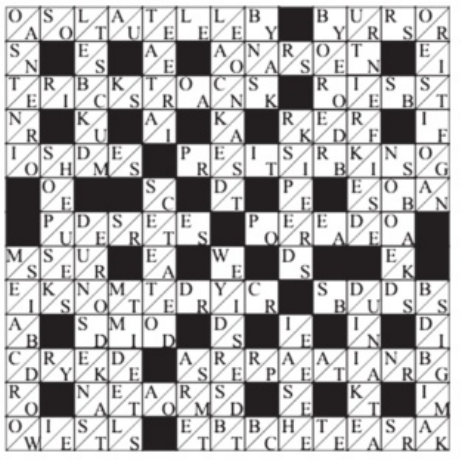
(Fig A)



(Fig B) Not Allowed



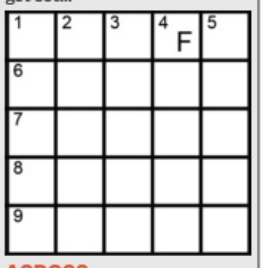
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

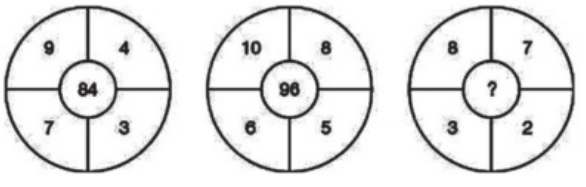
1 CF Art; 6 R rear;
7 Or ape; 8 Shawm;
9 Slide

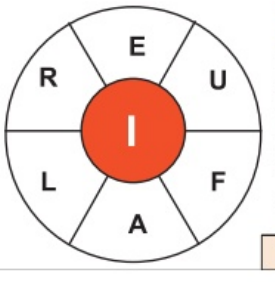
DOWN

1 C word; 2 He rap;
3 A rale; 4 Me fir;
5 Stars

Mensapuzzle

Find the missing number.





Bull's eye

How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

15 Average; 17 Good; 19 Outstanding

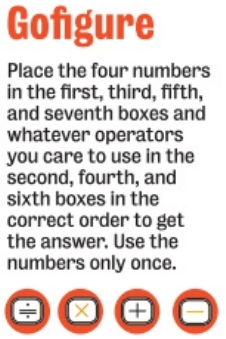
SudokuChallenge

9					3			
		6	1			4		
1			2	4	7		3	
	6		7		5	9		
	5						1	
		3	8		4		7	
	1		3	5	6			7
		8			2	1		
			9					4

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Hocusfocus

Find at least six differences in details between panels.

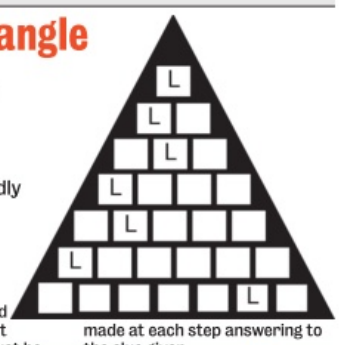
Differences: 1. Chair is larger. 2. Man's ear is smaller. 3. Shovel is different. 4. Picture on wall is upside down. 5. Pile of sand is missing. 6. Hat is different.

Riddler

A pair of quartets–(half the team), March ahead toward their peers; Attacking left, attacking right, Never showing any fears. What are are?

Alpha triangle

1 The 12th letter
2 Note to follow so
3 Lager's kin
4 Not prompt
5 Change
6 Suds
7 Terrestrial , worldly



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

I JUST GOT BACK FROM A COAST-TO-COAST TRIP
THAT'S A HEAP OF FLYING FOR A BUTTERFLY!!
NOT REALLY... I WAS STUCK IN THE GRILLE OF AN 18-WHEELER
Mel Casson
5-9

Bizarrotrip

Diamond Lil

ROLAND LOVED STRONG COCKTAILS
SO AFTER THE SERVICE WE'LL BE SERVING THE STIFF DRINKS
AND I PROBABLY COULD'VE WORDED THAT BETTER
www.creators.com
Bentkert

Hart of the city

I'M ONLY EATING VEGGIES THIS WEEK.
IF I DROP A FEW POUNDS, I'LL RUN FASTER!
THAT'S NOT TOTALLY TRUE. IF YOU EAT LESS, YOU'LL RUN OUT OF ENERGY! AND YOU NEED ENERGY TO RUN.
WE'LL SEE WHO'S RIGHT WHEN I FINISH THE RACE.
IF YOU MAKE IT THAT FAR.

Crankshaft

EVERY KID IS BEING PICKED UP BY THEIR PARENTS TODAY?
GREAT! WE'RE OUTTA HERE!
UH, NOT SO FAST, CRANKSHAFT... IT LOOKS LIKE THERE'S...
SCHOOL BUS
tombatiuk.com/books
BATIUK & DAVIS
5-16

Mutts

WHY DO DOGS BOW TO THE WOW?
WELL, MOOCH
DOGS LIVE IN THE PRESENT MOMENT, IN THE JOY OF BEING. WE CELEBRATE LIFE WITH UNCONDITIONAL LOVE.
I BOW TO YOUR WOW.
mutts.com
5-19

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today you may be busy at work. Your communication skills may help to get a big order, which may grow your business. You are likely to meet some influential person, who will help you to grow your business. Your family may support you in a difficult decision at your work. You are advised to control your tongue in love matters; love birds are advised to control straightforwardness in the conversation.

Leo Jul 24 – Aug 23
Today is a good day at work , you may perform well. You may lead your team efficiently. Your focus towards work may be appreciated by your boss, you may also get some promotion in terms of rewards. Job seekers may get a new job. Singles are likely to fall in love with someone at work. Architects, artists, and traders will do better.

Sagittarius Nov 23 – Dec 22
Today you may be busy with family matters. You may take some importance on the domestic front. You should avoid making arguments in personal life matters. Your arrogance may affect your domestic harmony. By late evening things may be under control. You are advised to follow your intuition before making investments in the business.

Taurus Apr 21 – May 20
Today you may have the full support of your parents; you may get good success at work, which is related to government projects. Your terms with management are likely to improve, which may give benefits in your business or work. You may plan for an overseas work-related trip. You can have some infections, you are advised to drink plenty of water and use lemon in the food.

Virgo Aug 24 – Sep 23
Today is important for domestic life. You may be busy with kids. You may hear some good news in terms of kids' education. You may buy some creative stuff for home or office to maintain your social status. You are advised to use wisdom while buying some stuff. Native related to military, management, electronics, medicine will do better.

Capricorn Dec 23 – Jan 20
Today's messy situations are now under control. You may feel peace in the mind. You may be able to make a proper balance in expenditure and earnings, which may increase in financial health. You are advised to avoid too much travelling or overworking, it may affect your health. Students can start planning for their future. Love birds may enjoy their happy moments.

Gemini May 21 – Jun 21
Today you may be a victim of unknown fear. Some sort of negative may reflect in your thoughts. Impatient nature and arrogance may push you back to take difficult decisions at work. You are likely to seek the blessing of your elders, which may help you to come out from the messy situation. You are advised to avoid making investments in dead assets. Love birds are also advised to avoid discussing worthless topics.

Libra Sep 24 – Oct 22
Today you may be dissatisfied. People around you may not cooperate with you, you are advised to keep patience. You are also advised to read documents carefully before signing any contracts. Making new investments in useless stuff may be a bottleneck for you. Students are advised to read their subjects with patience.

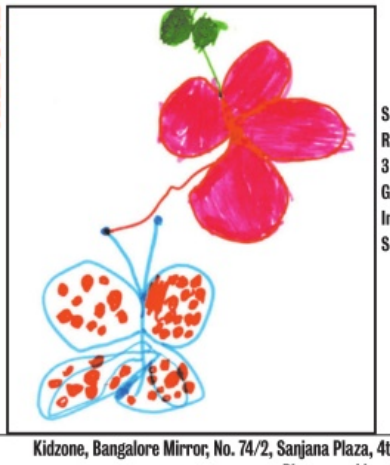
Aquarius Jan 21 – Feb 19
Today until evening, you may enjoy your work and domestic life. You may get some amount which was stuck somewhere; from late evening, you may feel dull, some unknown fear may make you upset. You may get stressed, which may affect your sound sleep. It is advised to do meditation.

Cancer Jun 22 – July 23
Today you may start your day with good feelings. You may have patience, it may reflect into your way of working. You may enjoy your work. You may be optimistic in terms of gains in the business. You may have an emotional bonding with the spouse, which may increase family harmony. Job seekers may hear good news.

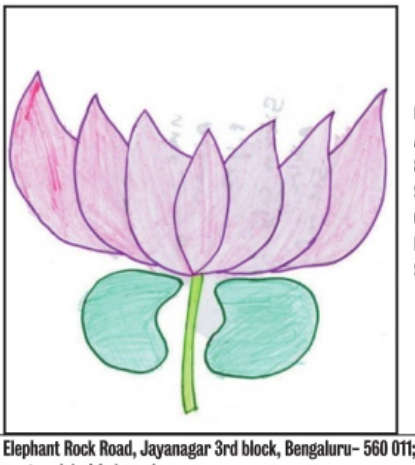
Scorpio Oct 23 – Nov 22
Today you are blessed by the moon; your destiny is likely to be with you. Today you may be more energetic and focused on your work. Your hard work may pay you in terms of success. Your colleagues may help you. You are likely to go for a short work related trip. Some good news may come from your sibling.

Pisces Feb 20 – Mar 20
Today you may be blessed by the moon. Your disappointment may now convert into happiness. You may be more focused towards your targets. You are likely to use your creativity to make some changes in your office or house. You may also find your love around you. Love birds are advised to avoid fantasy in the relationship. Students may avoid speculations in their studies.

KIDZONE



Samyukta Rao, 3 Years, Gear International School



Umme Aiman, 8 Years, Silicon City Public School

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru- 560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
=0.4^6-0.24^0.2
=2.88-0.24^0.2
=2.88-0.048
=2.880-0.048
=2.832

RIDDLER
Pawns on a chessboard

STRIKE OUT

A	S	T	U	T	E	L	Y	■	B	U	R	R	■	■
S	■	E	■	A	■	A	R	O	N	■	E	■	■	■
T	I	C	K	T	A	C	K	■	R	I	B	S	■	■
R	U	■	A	■	K	■	K	E	F	■	I	■	■	■
O	H	M	S	■	R	E	T	I	R	I	N	G	■	■
■	■	O	■	S	■	D	■	E	■	E	O	N	■	■
■	P	E	S	T	S	■	P	R	A	D	O	■	■	■
M	E	R	■	E	W	S	■	K	■	■	■	■	■	■
E	S	O	T	E	R	I	C	■	B	U	S	S	■	■
A	■	D	I	D	■	E	■	N	■	I	■	■	■	■
D	Y	E	D	■	A	E	R	A	T	I	N	G	■	■
■	O	■	■	■	■	■	■	■	■	■	■	■	■	■
W	E	T	S	■	E	T	C	E	T	E	R	A	■	■

FAST FIVE

C	R	A	F	T
R	A	R	E	R
O	P	E	R	A
W	H	A	M	S
D	E	L	I	S

QUOTE UNCODE
Nothing is at last sacred but the integrity of your own mind.

QUICK

■	■	C	S	■	S	■	Y	■	W	O	■	■	■	■
■	P	I	C	K	A	N	D	C	H	O	O	S	E	■
■	T	■	C	■	G	■	N	■	L	■	O	■	■	■
O	S	S	A	■	I	N	A	F	L	A	S	H	■	■
■	E	■	R	■	S	■	C	■	E	■	■	■	■	■
E	J	E	C	T	■	L	A	W	Y	E	R	S	■	■
■	A	■	■	■	D	■	V	■	■	E	■	■	■	■
I	M	P	L	I	E	S	■	N	E	R	V	E	■	■
■	A	■	■	■	L	■	Y	■	R	■	O	■	■	■
S	W	I	N	D	L	E	S	■	U	S	E	S	■	■
■	A	■	R	■	A	■	P	■	P	■	C	■	■	■
E	N	T	E	R	T	A	I	N	M	E	N	T	■	■
G	V	■	S	■	T	■	I	■	O	■	■	■	■	■

MENSA PUZZLE
84: (7 × 4) × 9/3 = 84; (6 × 8) × 10/5 = 96; (3 × 7) × 8/2 = 84

BULL'S EYE
fall, FAILURE, fair, file, fire, flair, flier, frail, ierful, lair, liar, lieu, life, lifer, lira, rail, rife, rile, rile

SUDOKU

9	4	2	5	6	3	7	8	1
3	7	6	1	9	8	4	5	2
1	8	5	2	4	7	6	3	9
8	6	1	7	2	5	9	4	3
4	1	9	3	5	6	8	2	7
2	9	3	8	1	4	5	7	6
7	5	4	6	3	9	2	1	8
6	3	8	4	7	2	1	9	5
5	2	7	9	8	1	3	6	4

ALPHA TRIANGLE
Alter, Lather, L, la, Ale, late, Earthly.

LOOP
Medium
4 × 5 − 6 − 4 = 10
Hard
3 + 5 − 1 − 3 = 4

GO FIGURE
Easy
9 + 9 − 5 − 8 = 5

KAKURO

■	■	■	■	■	■	■	■	■
■	■	■	■	■	5	6	■	■
■	■	■	■	7	9	9	6	1
■	■	■	9	9	5	8	9	2
■	■	6	9	5	1	9	7	8
■	5	9	6	4	2	1	5	3
6	1	2	8	9	6	3	1	2
1	2	3	4	1	3	2	■	■

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 # Happy 14th to Shruti

On finishing 14 years in entertainment industry, Shruti Haasan, said she had done her first film completely by chance. "I am grateful for every experience, every opportunity," she said

PRETTY IN PINK

Kiara owns colour of the season as she walked the ramp

Kiara Advani had walked the ramp for designers Falguni and Shane Peacock in Delhi on Tuesday night. Kiara sizzled in a pink shiny outfit and walked the ramp with confidence and grace. The actress gave a Barbie vibe as she wore a pink blouse with a high-slit pink shimmer skirt.

She opted for her hair open along with some pretty, dewy make-up. As Kiara walked the ramp, her mother-in-law, Sidharth Malhotra's mother Rimma kept cheering for her from the audience and showered flying kisses on Kiara.

Later, after the show Kiara was seen hugging her and some of Sidharth' s relatives who also attended the show.

Earlier, in an interview, Kiara had said that she knows some tricks and ways to please her mom-in-law. The actress being a 'doting bahu' had confessed that since Sidharth's mother loves 'pani puri', Kiara got that made when she was here in Mumbai staying with them. Kiara was trying her best to make her happy and win brownie points from her. Later, Sidharth's mother and Kiara's mother also accompanied her on 'The Kapil Sharma Show' when she had gone there to promote her film ' Satyaprem Ki Katha'. Kiara and Sidharth got married in February this year at Suryagarh Palace in Jaisalmer.

—ETimes

A glimpse into Bangalore

ACHAR & CO

3.5 RATING ★★★½☆

- **DIRECTOR** Sindhu Srinivasa Murthy
- **ACTORS** Ashok, Sudha Belawadi, Sindhu Srinivasa Murthy, Jagadishwar Sukumar
- **CERTIFICATION** U
- **Duration** 105 minutes

This movie has the unique ability to transport the audience to the 1960s and aptly showcases old Bengaluru. Director Sindhu Srinivasa Murthy had done a great job handling the megaphone, while also playing a key character (Suma) in this movie. The director has succeeded in narrating the problems of a large family (10 children) and how the head of the family has to struggle not only to give them an education but also to arrange their marriages.

The movie starts off well with a variety of Suprabhatam from a 1960 model radio and the 10 children competing among themselves to use the bathrooms. The story is about Madhusudhan Achar (Ashok) and his wife Savithri (Sudha Belawadi) and their 10 children. Madhusudhan works as a senior engineer with the Public Works Department (PWD) while Savithri is a homemaker.

Madhusudhan has the habit of dropping children at the school in an Ambassador car given to him by the PWD. His eldest son Sudheendra (Vamsidhar Bhogaraju) gets a government job. Later, Sundheendra gets a promotion and he wants to go to Delhi. He informs his father about his plan to leave for Delhi. But Madhusudhan does not want his son to go to Delhi. What happens to Madhusudhan and his family members is what Achar & Co is all about. The director has ensured that all the actors, including her, follow the script. Veteran character actors – Ashok and Sudha Belawadi – are convincing as a concerned couple. The transformation of characters – from over ambitious to sober and responsible – is convincing. Dialogues are meaningful and songs are melodious. Some of the scenes, especially the five-star hotel and marriage scenes tickle the audience's funny bone.

As far as the performance of the remaining actors is concerned, Sindhu Srinivasa Murthy, as an overambitious girl who wants to marry a highly qualified bridegroom and settle down in London though she had only done her Matriculation, has acted well. Anirudh Acharaya, as a prospective movie actor, and Harshil Koushik, as a hapless second son of Achar who is compelled to take up the responsibility to look after the family after his father passes away and his elder brother gets transferred to Delhi, is convincing.

All in all, it is a clean movie worth a watch for the whole family..

—Y Maheswara Reddy

Who has bagged Alia's bag?

After the premiere of her upcoming film Rocky Aur Rani Kii Prem Kahaani, Alia Bhatt has been receiving a lot of love from her industry peers, be it Sara Ali Khan or Katrina Kaif. The actress, who is constantly on the go thanks to her work commitments, recently shared what all she likes to carry in her bag.

The actress revealed that on her recent trip to London from Mumbai she realised that her handbag has been taken over by her daughter Raha, most things in her bag belong to her.

She stated that her bag carried Raha's pacifier, her napkins, a burp cloth, her mittens, extra pair of socks, a little toy, a little book. The only thing that belonged to her in her bag was her passport. The actress also added that she carries extra mittens for her daughter as she has a habit of putting her hand in her mouth a lot. Alia also revealed that she carries a gold bracelet in her bag which is actually a gift from her actor-husband Ranbir Kapoor, he gave it to her on her birthday. She likes to put it on when she's not shooting or heading out for lunches and dinners.

—ETimes

Kalki back on screen

Actress Kalki Koechlin is 'excited' to mark her return to the theatres with 'Goldfish', after four years, saying it is an international movie with raw humour and heart warming emotions.

Set in London, 'Goldfish' deals with memory, music, mental health and identity. Directed by Pushan Kripalani, this Indian-British-American production brings together powerhouse talents Deepti Naval, Kalki Koechlin and Rajit Kapur, with some actors from the UK – Bharti Patel, Gordon Warnecke, Ravin Ganatra and Shanaya Rafaat – to tell a delicate, timeless story of a mother and a daughter, and of community.

Kalki was last seen in 2019 Hindi movie 'Gully Boy', starring Ranveer Singh and Alia Bhatt. She also starred in the 2020 Tamil anthology drama 'Paava Kadhaigal', in the segment 'Love Panna Uttranum' as Penelope.

On September 30, 2019, Kalki confirmed her pregnancy with her boyfriend, Guy Hershberg, an Israeli musician. Their daughter was born on February 7, 2020 through water birth.

—IANS